Below is a list of essential Practical Law resources to help you get up to speed on the basics. These helpful resources include:

- **Practice Notes**: Plain language, how-to-guides.
- **Standard Documents**: Sample templates of pleadings, motions, and other documents that include helpful drafting notes which provide guidance and direction.
- **Checklists and Flowcharts**: Process oriented guides to give you a quick overview of required steps for various issues.

**ADR Mechanisms in the US: Overview – Practice Note**
An overview and comparison of the various alternative dispute resolution mechanisms in the US.

**Mediation of Employment Disputes: Key Issues and Considerations – Practice Note**
Learn about the key issues parties should consider when mediating employment disputes, including the benefits and drawbacks of mediation, the mediation forum, timing for the mediation, payment allocation, determining who should be present, and the mediation process as applied to employment claims.

**AAA Employment Arbitration: A Step-by-Step Guide – Practice Note**
Gain an understanding of the steps for conducting arbitration under the Employment Arbitration Rules and Mediation Procedures of the American Arbitration Association (AAA), including the procedures and fee structures for arbitrating employment disputes before the AAA under employer-promulgated alternative dispute resolution (ADR) plans and individually negotiated employment agreements.

**Mediation: US Privilege and Work Product Issues – Practice Note**
This guide analyzes, and suggests ways to maximize, the various privileges and protections that may shield mediation communications from disclosure to third parties who are uninvolved in the mediation. In particular, this guide addresses the mediation privilege, attorney-client privilege, work product doctrine, and Federal Rule of Evidence 408.

**Revised Uniform Arbitration Act: Overview – Practice Note**
Understand the genesis and applicability of the Revised Uniform Arbitration Act of 2000 (RUAA), including the chronology of the Uniform Law Commission (ULC)'s arbitration legislation from the Uniform Arbitration Act of 1956 (UAA) to the RUAA.

**Labor Arbitration – Practice Note**
An overview of labor arbitration proceedings and the law surrounding labor arbitration for employers covered by the National Labor Relations Act (NLRA) as enforced by the National Labor Relations Board (NLRB). Labor law in the private sector is primarily governed by federal law including the NLRA and the Labor Management Relations Act (LMRA) and this resource only covers federal law.